

Sign up for your UMR account, update your account information, and manage your account settings.

You have options regarding your communications from UMR and private information. Here's how to update:

Step 1: Log in to your account on umr.com. A dropdown menu will appear on the top right of the page. Click on **Account settings**.



Step 2: Click on **Account settings** and **Access privileges**.

Click on **Access privileges** to update your account settings. You will be prompted to log in. After logging in, you will be taken to the **Account settings** tab. From there, you can update your account settings, including your contact information and communication preferences.



Step 3: To update your communication preferences, click on **Account settings** and **Communication preferences**. You will be prompted to log in. After logging in, you will be taken to the **Communication preferences** tab. From there, you can update your communication preferences, including your contact information and how you receive notices and communications from UMR.

Notice: We are required to send you notices related to your plan or benefits. You can choose how you receive these notices (e.g., email, mail, text). You can also choose to opt out of receiving certain notices (e.g., notices about your plan or benefits). You can also choose to opt out of receiving certain communications (e.g., newsletters, promotional offers).